

Date												
day box #	DAY BOX 11	DAY BOX 12	DAY BOX 13	DAY BOX 14	DAY BOX 15	DAY BOX 16	DAY BOX 17	DAY BOX 18	DAY BOX 19	DAY BOX 20		
hors	chips & salsa	apples & cheese	pesto cream cheese & pita	nuts & pretzels	antipasto	chips & dip	cheese, salami & crackers	cream cheese, lox & crackers	nuts & pretzels	antipasto		
dinner	burritos fajita style w/ chicken, rice & fixings	pork chops, mashed potatoes, green beans	lasagna, bread, veggie salad	posole, w/ pork, rice cornbread	penne pasta w/ marinera, blue cheese slaw	chili w/ canned beef, corn	lentil soup w/ cornbread, tabouli salad	veggie curry w/ quinoa & tofu	grilled cheese & soup	pesto pasta, 3-bean salad		
bkst	hot cereal, muffins, fruit	eggs, muffins, bacon	cold cereal, bagels, yogurt	breakfast burritos w/ chorizo	hot cereal, muffins, fruit	pancakes w/ sausage	cold cereal, bagels, yogurt	eggs, homefries, sausage	hot cereal, muffins, yogurt	Takeout morning DAY 21 cold cereal,		
lunch	PB & J	deli spread	tuna salad	snack style	hummus & tabouli	chicken salad wraps	PB & J	snack style	tuna salad wraps			
		12 Desserts - 1 cakes, 1 brownies, 1 cobbler, 1 gingerbread, 1 poundcake & berries, 1 cheesecake, 2 smores, 2 cookies, 2 dessert chocolates						Breakfast fruit available -10 mornings worth, mix & match, eat what's ripe! Melons, grapefruit, oranges, pineapple				
Your choice of dessert when you like!												