

Winter time!

This menu is varied and portions are beefed up for the cold winter trips. We can add on or subtract days to fit your long, cold, winter time adventure.

Winter trip notes: We can easily change cold cereals to hot cereals & make more lunches "packable" so that you can do pack lunches most days instead of stopping for a lunch. It's always a good idea to bring your own personal lunch tupperware for leftovers or pack lunches!!

| Date | Rig day | Launch day | | | | | | | | | | |
|--|---|--|--|-----------------------------|--|---|--|--|---|--|--|---|
| EACH DAY BOX BEGINS AT THE DINNER FOR THAT DAY & THE BKST/LUNCH IS FOR THE FOLLOWING DAY. | | | | | | | | | | | | |
| day box # | put-in/rig | DAY BOX 1 | DAY BOX 2 | DAY BOX 3 | DAY BOX 4 | DAY BOX 5 | DAY BOX 6 | DAY BOX 7 | DAY BOX 8 | DAY BOX 9 | DAY BOX 10 | DAY BOX 11 |
| hors | | chips & dip | apples & cheese | tapenade & crackers | hot soup & nuts | chips & salsa | cheese, smoked oysters, crackers | veggies & dip | hot soup & chips & dip | pesto cream cheese & crackers | hummus & pita | nuts & pretzels |
| dinner | Marble Canyon Lodge or @ Lee's Ferry | salmon, broccoli, rice | spaghetti w/ ital sausage, salad, bread | stirfry w/ chicken, rice | steaks, potatoes, salad | burritos w/ beef, rice, beans | grilled chicken, orzo, veggie salad | jambalaya, rice, garlic bread | burgers, Blue cheese slaw, beans | lasagna, garlic bread | posole w/ pork chunks, rice, cornbread | thai chicken, couscous, asian slaw |
| bkst | Launch Morning Continental Bkst | eggs to order w/ sausage | french toast w/ bacon | cold cereal, yogurt, bagels | eggs, homefries, tortillas w/ bkst ham | pancakes w/ sausage | rolled oats w/ english muffins | bagels, lox, cream cheese | eggwich w/ canadian bacon | cold cereal, yogurt, bagels | eggs to order w/ bacon | breakfast burritos w/ chorizo |
| lunch | 1st on river Lunch deli style | taco salad | deli spread | ceasar salad wraps | hummus & tabouli w/ pita | cashew chicken salad w/ pita | deli spread | veggie wraps | taco salad | deli spread | snack style | deli spread |
| Your choice of dessert when you like! See master list! | | | | | | | | | | | | |
| Date day box # | DAY BOX 12 | DAY BOX 13 | DAY BOX 14 | DAY BOX 15 | DAY BOX 16 | DAY BOX 17 | DAY BOX 18 | DAY BOX 19 | DAY BOX 20 | DAY BOX 21 | DAY BOX 22 | DAY BOX 23 |
| hors | hot soup | cheese, salami crackers | hot soup | bruschetta, crackers | chips & dip | pesto cream cheese & crackers | smoked salmon, cheese, crackers | Hot soup, crackers, cream cheese & salsa | nuts & pretzels | hot soup | antipasto | tapenade, crackers & feta |
| dinner | chicken brats, ratatouille, baked beans | mexican casserole w/ canned chicken, rice | porkchops, stuffing, green beans, applesauce | Beef stew w/ biscuits | grilled ham & cheese & tomato soup | penne w/ marinera sauce, blue cheese slaw | lentil soup, cornbread, couscous salad | shepard pie w/ apple salad | falafel burgers & hummus, butternut squash soup | veggie curry w/ canned chicken, quinoa | pasta alfredo & 3 bean salad | chili, canned beef w/ rice, cornbread |
| bkst | steel cut oats w/ english muffins | eggs, homefries, tortillas w/ turkey links | cold cereal, yogurt, bagels | eggwich w/ canadian bacon | rolled oats w/ english muffins | breakfast burritos w/ chorizo | cold cereal, yogurt, bagels | eggs to order w/ turkey sausage | bagels, lox, cream cheese | steel cut oats w/ dried fruit | pancakes w/ eggs | TAKEOUT MORNING DAY 24 cold cereal |
| lunch | deli spread | pasta salad | deli spread | tuna salad wraps | deli wraps | PB & J | hard boiled eggs, cheese, jerky & crackers | salmon salad wraps | snack style | PB & J | cashew chicken salad wraps | |
| | | 14 Desserts - 2 cakes, 1 brownies, 1 cobbler, 1 gingerbread, 1 poundcake & berries, 1 cheesecake, 2 smores, 2 cookies, 2 dessert chocolates | | | | | | | Breakfast fruit available - mix & match, eat what's ripe! Grapefruit, melons, oranges, pineapple | | | |

