

CEIBA ADVENTURES

STAPLES, SPICES & SNACKS

amounts will depend on group size & number of days

STAPLES BOX - 20 mil

	cocoa mix
	coffee, inst decaf
	creamer, non dairy
	honey
	hot sauce
	jelly
	ketchup
	oil, canola
	oil, olive
	oil, spray
	soy
	sugar, brown
	sugar, white
	tea, black, box
	tea, herb, box
	vinegar, balsamic
	vinegar, red wine
	ziplocks, gal
	ziplocks, qt

Good quality coffee is included with each breakfast, and both box milk and evaporated milk are available for creamer.

SPICE KIT

	basil
	chili powder
	cinnamon
	cumin
	curry
	dill
	garlic powder
	w
	oregano
	pepper
	pepper grinder
	salt
	salt grinder
	spike
	vanilla

SNACKS BOX

	beef jerky
	candy bars, minis
	candy, misc
	crackers, cheese-its
	crackers, goldfish
	dried fruit
	granola bars
	nuts, almonds
	nuts, cashews
	nuts, dry roasted p-nut
	nuts, mixed
	trail mix, fruity
	trail mix, nuts & m&m
	trail mix, oriental
	trail mix, pub mix
	trail mix, sesame sticks